

John Shrader

02:26:11

SWIM . BIKE . RUN .

ACCEL TRIATHLON

CEDAR FALLS | WATERLOO, IA

JULY 27, 2019

Swim: 00:24:36 **T1:** 00:01:26 **Bike:** 01:02:46 **T2:** 00:01:05 **Run:** 00:56:16
Overall Place: 30 **Gender Place:** 25 **Category Place:** 3
Event: Olympic Triathlon

